

# **APA Upper Midwest Annual Conference**

October 11-13, 2023

Bien VenU Event Center • Cedar Falls, IA



# YEP! Youth Engagement Planning











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YEP! is a non-profit organization focused on educating young people in grades K-12 about urban planning and civic engagement and teaching planners how to incorporate youth into the planning process.

YEP! creates opportunities for youth to meaningfully advocate for change in their own communities.

YEP! visits schools across the country — educating young people about planning and mentoring those interested in exploring a career in planning.

YEP! specializes in customizing curriculum, training workshops, conference and school events, and research.

YEP! partners with schools, agencies, cities, organizations, APA National, APA Chapters and Divisions.

















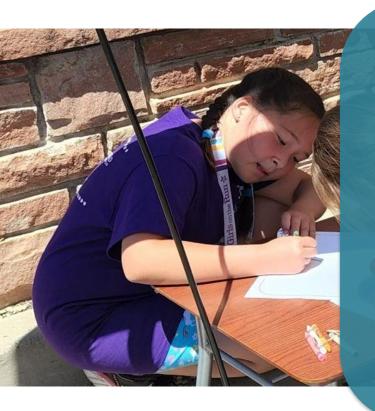
During the 2020 U.S. Census, the United States consisted of 331 million people. Of the 331 million, 73.1 million people, or 22% of the population, are under the age of 18. And 30 million are between the ages of 18-24.

Young people represent a **significant portion** of our communities and should play an **equally significant role** in how we plan for our communities!

THE POWER OF YOUTH



# **Youth Engagement Benefits**



- Improved Plans
- Leadership Opportunities
- Citizenship and Service
- Better Use of Youth-Serving Resources
- Exposure to Careers in Local Government

# Youth Engagement Best Practices





BEST PRACTICES FOR YOUTH ENGAGEMENT





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How do I initiate youth engagement?

How do I establish **shared objectives** with stakeholders?

General De Gaulle Di

How do I ensure the quality of my engagement?

How do I sustain newly established relationships?

How do I know if my activities are trauma-sensitive?

How do I know if my activities are **culturally responsive**?



# THE IDEAL NEIGHBORHOOD: A CREATIVE ACTIVITY

filled

- . How did you feel when you noticed that some people had more art supplies than your group? How did you feel when you noticed that some people had fewer art supplies?
- . Some of your posters didn't have parks or water, why?
- In what wags did resources (art supplies) affect your project?
- . How would you have felt if your final product was ludged based on your drawing without considering your supplies? Would that be fair? Why or why not?
- . Did you know there are neighborhoods in our city that do not have parks, plaggrounds, and other outdoor facilities?
- Would these posters necessarily be a fair assessment of what all of you can or cannot do? In what other situations do certain neighborhoods have advantages over others?

CONCLUSION: Leave students/participants with questions that invite them to think critically and morally of a possible solution to resource inequality.

What do you think is the solution to resource inequality?
 With regard to unequal resources in communities, how do we make sure everyone, going and adult, poor and rich, have access to the resources they need to better their lives?

## WHAT DO URBAN PLANNERS DO?

An urban planner is a professional who works to enhance the quality of life. A planner is a person who helps shape the design and form of a city or place, from buildings to roads, and parks and more. They have a lot of say in where resources are distributed.

Planners observe and analyze the communities around them and with the help of community members, make recommendations to policy makers for improvements.

Orban Planners ensure that we all can connect with the places around us, whether by car, bus, boat, bike, or walking, our ability to access different spaces makes a community better

YEPI YOUTH ENGAGEMENT PLANNING

YouthEngagementPlanning.org 2



### INITIAL ENGAGEMENT

LENGAGE YOUNG PEOPLE EARLY: Young people should be involved early in the process of planning an activity or initiative - this includes generating project objectives. Young people will bring valuable ideas and perspectives to the table and can help ensure the initiative will resonate with other gooth.

2. ESTABLISH SHARED OBJECTIVES: To establish shared objectives, values, and principles with stakeholders, take time to learn why they are there, what they are hoping to achieve, and how they want to achieve it. For example, if a committee believes the project should be "youth-led", have a discussion about what that looks like and find ways to establish common objectives, principles, and values in the initiative.

3. ESTABLISH PARTNERSHIPS: Partnering with an existing advisory group or youth-serving organization is an efficient and effective way to facilitate young people's engagement. Organizations that work directly with young people on a daily basis will be in a position to recruit young people, support their involvement from early in the process, and help develop activities that resonate with their youth.

4. MAINTAIN FREQUENT CONTACT: When engaging young people, be mindful of their logistical needs and meet them on a regular basis during a time that's convenient for them as this will help foster relationships and is key to effective youth engagement.

5. IDENTIFY BACKGROUND RESEARCH QUESTIONS: Building off of the project objectives, outline the key questions for which youth input is sought and identify these research questions early on to help in the development of youth engagement materials and

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## **ESTABLISH INCLUSION**

- Emphasize the human purpose of what is being learned and its relationship to the students' experience.
- Share the ownership of knowing with all students. Collaborate and cooperate to create a hopeful view of people and their capacities.
- Treat all students equitably. Invite them to point out behaviors or practices that discriminate.
- · Have ground rules and norms for respecting others and working together.



## **DEVELOP POSITIVE ATTITUDES**

- Relate teaching and learning activities to students' experience or previous knowledge.
- · Encourage students to make choices in content and assessment methods based on their experiences, values, needs, and strengths.
- Recognize when content perpetuates negative stereotypes of marginalized communities.
- Create content that embraces multiple intelligences, such as naturalistic, musical, linguistic, visual-spatial, interpersonal, and bodily intelligence.
- · Prioritize experiential learning.

# TRAUMA SENSITIVE ACTIVITIES:



## **ARE CONTENT SENSITIVE**

It is important to explain the content of an activity before it begins. Many students experience traumatizing life experiences, such as food, health, and housing insecurity.

Triggers of past traumas can occur from a number of sources. What may seem mundane to some, may be triggering for another

**CREATE SPACE FOR** 

**EMOTIONAL EXPRESSION** 

It is important that the activity gives

opportunity for students to express their

feelings.

School counselors or specialists should be

consulted to create a safe and encouraging

learning environment.



## **HAVE CHOICES**

One of the hardest factors in trauma is that the survivor did not have a choice. Young people must have the choice to opt out of any parts of an activity and consent to an activity.

This is to empower the student's ability to avoid re-traumatization. It is important to brainstorm and offer an alternative activity for any part of your plan that may include triggering content.

# **CULTURALLY RESPONSIVE ACTIVITIES:**

## **ENHANCE MEANING**

- Provide challenging learning experiences involving higher order thinking and critical inquiry.
- · Address relevant, real-world issues in an actionoriented manner
- Encourage discussion of relevant experiences. Incorporate student dialect into classroom dialogue.
- Investigate historical definitions.
- · Hold critical questions.
- · Question the status quo often.



- Connect the assessment process to the students' frames of reference and values.
- Include multiple ways to represent knowledge and skills and allow for attainment of outcomes at different points in time.
- · Encourage self-assessment.
- · Engage in reflective thinking, discussion, and/or writing.
- · Accept and offer feedback.





## **RECOGNIZE TRAUMA SYMPTOMS**

Assuming that behavior is intentionally rebellious is harmful. A person may disassociate or daudream as a learned response that enables them to avoid feeling or thinking about a traumatic experience.

Anger, confusion, defensiveness, and tears are also symptomatic behaviors of trauma. Ťhis should never be treated with punishment.



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**Urban Planning Awareness** Outreach

Have the youth in your life heard of Urban Planning?

Even beyond Urban Planning, though, we feel that it is incredibly important for young people to be made aware of as many career areas as possible before they begin narrowing their focus—and they often begin narrowing their focus remarkably early.

Are you thinking about becoming an engineer? .. or an architect? or even a mayor?

# What about becoming an URBAN PLANNER?!?!

An urban planner is a professional who works to improve the entire community's quality of life A planner helps shape a neighborhood, town, city, or even larger geographic area—including buildings, roads, bridges, parks, vehicles, and services. It's a planner's job to see the "big picture" and ensure that everyone in their community can live a happy, healthy, sustainable life.

# Urban planners know about a lot of different things!

Cities Farms

Trains Buses

Boats Planes

Drones Bridges

Roads Sidewalks

Bike lanes Parks

Parking lots

Maps Wind farms

Solar panels

Making good laws & regulations

Making sure people can find

Making sure people can get to

schools & doctors

Helping citizens, businesses, and lawmakers talk to one another

Collecting & understanding data

Designing surveys

Understanding communities

Being nicer to

change over time

our planet

# Urban planners can specialize in ...

Land Use/ Zoning\*

Parks &

Recreation Housing

Energy

Natural Resources

Transportation

Economic Development

Colleges &

# Urban planners can work in a lot of different places!

Town, city, state, or national government

Engineering or Architecture

companies

Universities Non-profits

For themselves!



youthengagementplanning com

# **Guide to Youth Engagement**



### YEP! Mission

YEP! Youth Engagement Planning is a non-profit organization focused on educating young people in arades K-12 bu introducing them to urban planning and civic engagement, and creating opportunities for youth to have meaningful participation in advocating for change in their communities and the built environment

- To support volunteers focusing on educating students K-12 about urban planning and civic engagement.
- To create leadership opportunities for youth to have meaningful participation in advocating for change and provide input and their perspectives into plans.
- To provide tools and resources for planners to involve youth in the local planning process.
- ★ To educate young people about the benefits of understanding local government and becoming a good citizen.
- To introduce young people to careers in planning, local government, and related professions.
- To increase youth involvement in their communities and the built environment as a whole.
- To serve youth in underserved communities giving all young people the opportunity to succeed.



This program offers volunteer service opportunities that focus on our mission to introduce urban planning to youth in grades K-12 to expand and strengthen the presence and leadership within our profession. YEP! has a firm belief that youth bring a unique perspective to the planning profession and through this program, we are able to further the advancement of equity within our profession by reaching back and teaching our next generation of all diverse backgrounds about how to be a leader in planning! YEP! has created an award-winning program, which focuses on inspiring youth to be strong leaders and advocating for change in their communities.

## How to Get Started

Are you excited about getting to teach young people about planning?! Then you are in the right place. Thank you for taking the next step in volunteering to teach urban planning to young people in your area! This is such a rewarding experience and so much fun. This information will provide you with the tools and resources to get started in t eaching youth about urban planning in the classroom, to a small group, in your city, or any organization.

## THREE MONTHS OUT

Step 1: Determine what type of group that you want to bring planning to, whether that is a local school, after school program, a Boys & Girls Club, a Girl Scout troop, or a similar organization. The best way to get connected with these groups is to either already have an established contact within the school, teacher, or organization and reach out to them, or email or call the teachers/instructors within the grade you are hoping to teach. You will want to give them a few months advance notice so that they can plan around your visit. Please see the "sample email" below for reference.

Step 2: Plan your visit! Establish a day and a time for you to come into the classroom. It is possible to have one classroom or group to visit or you may choose to visit with, for example, all of the 4th grade classrooms in one day, going from one classroom to the next, or even host numerous age groups at a larger organization by incorporating activity stations. Shoot for 45 minutes maximum per visit. For grades 3 and older, see the link for the powerpoint (to be customized to the community, if desired). For grades under 3rd, you could simplify the powerpoint, or just focus on the drawing activity (have kids draw places they love, things they want to see in their community).

Step 3: Provide the teacher with an overview of the curriculum, lesson plans, presentation, and supplies they will need about a month before the visit. This is helpful so that the teacher can prepare the classroom and prep the students for the lesson. They will be able to inform you of how many students you will be interacting with, any dietary needs if you are planning to bring treats (YEP! always recommends bringing (non-peanut) treats for everyone for the end of the visit, suckers or gummy bears are great choices as well as stickers, pencils, or erasers!)

### ONE WEEK OUT

Step 4: Make sure to have your presentation (Powerpoint) either saved to a flash drive to use at the school (Smart-Board), bring your laptop, or have access to a computer to bring up the presentation in the classroom (the teacher should be able to assist with this). Purchase treats and supplies used in the activities, print copies of any handouts or maps, make sure students have other supplies as needed (markers or crayons for drawing, paper, etc).

Meet at the location at the designated time and bring all of your supplies, flash drive, computer (if needed), treats. For the lesson plan and activities, kids may want to sit in front of the smartboard screen for the presentation part of the visit and then move to their desks for the activity and drawing part of the visit. Talk with the teacher/instructor of what works best for the kiddos!

# CLASSROOM INSTRUCTION OUTLINE (45 Minutes) 1. Introductions (5 minutes) 2. Presentation (15 minutes)

- - a. What is Urban Planning?
  - How Many Kinds of Planning Are There?
  - Land Use and Zoning d. Maps (You can personalize these maps with maps from your community)

  - Elements of a City
- f. Elements or a casy
  3. Activity (15 minutes)
  a. Design Your Own City (10 minutes)
  i. Pass out the 11x17 paper to the kids at their desks or on the floor.
  ii. Explain what Site Planning is, then go over the steps for the activity.
  iii. Give a time limit for them to complete the activity.

  - iv. When completed, have the kids raise their hands to tell everyone what they created.
  - v. Kids can continue their drawings at home if they are not finished
  - b. Word Search (5 minutes)

    - Pass out the word search (with the appropriate level (see link below)). Give a time limit for students to see how many they can find. Kids can work in groups if they want.
    - iii. At the end of the time limit, ask kids to raise their hand for how many found 10, 11, 12, etc.
    - iv. Give a special prize to the top two winners!
- Wrap-Up (5 minutes)
  - a. Once all of the activities are finished, thank the students for their time.
  - b. Hand out treats to all students before class ends.

### Materials

Powerpoint 11x17 ream of paper Markers or Crauons

Handouts (Maps, Word Search)

During the presentation, ask kids questions about their community, what they see, elements they see, places they have been to, and be as interactive as possible! Also, talk about how you became a planner and why!

## Sample Email to Teachers/Organizations

Hello there!

I am the City Planner (or position title) for (your city or area) and I am interested in coming to the classroom to teach the students about urban planning. This is a fun day where I will spend time with the students and present a PowerPoint about "What is City Planning?" (the students learn about maps, city planning history, and what city planners do) then we usually have two activities; one where the students do a wordsearch and then they get to draw what type of City they would like to live in. Also for the students, I bring along treats and prizes for everyone. I would like to know if you might be interested in having a Planner's Day in School at (name of school) sometime in the next couple of months? The kids learn so much about city planning and their own City! Please let me know if you might be

Thank You! (Your Name)

### **AICP Credits**

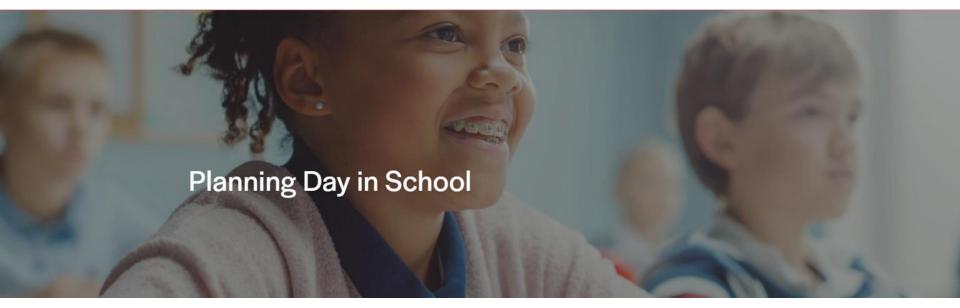
If you are AICP, you are eligible to gain AICP credits via self-reporting. Please see the APA website for more information!

### Resources

YEP! Website: www.youthengagementplanning.org

The Powerpoint and Word Search for the activity can be found on the YEP! website. We provide all of the resources for your use, with the understanding that you will use them in a way that is in keeping with YEP!'s mission model of planners donating their time as an investment in the next generation of community leaders, planners, and advocates.





The Planning Day in School curriculum is anchored by a collection of original, trademarked modules available through the YEP! organization.

With your class, school, or district, we can build an age-/grade-appropriate series of activities to maximize the use of a class period, half-day, or full-day.

We can also customize the Planning Day in School curriculum to suit the current themes and subjects being explored in your classes!

- What Do Planners Do?
- Key Planning Vocabulary
- Key Planning Icons
- Map Exercise
- Imagine Your City
- We Are All Connected
- Observing Your Community
- Meaningful Colors and Plans
- If I Were An Urban Planner...
- The Wind Farmer
- Every Trip Has A Story (Transportation Activity)
- The Fabric of a City (Infill Development Activity)
- Neighborhood Pride
- Game Play Community Engagement
- Planning Word Searches/Crossword Puzzles

# **Planning Day in School**

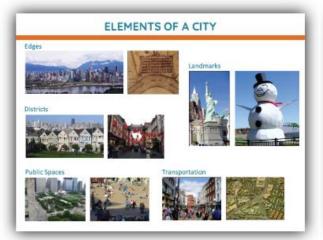












# Urban Planning Curriculum







Every Trip Has a Story

The Fabric of a City

If I Were an Urban Planner







Meaningful Colors & Plans

Neighborhood Pride

**Observing Your Community** 





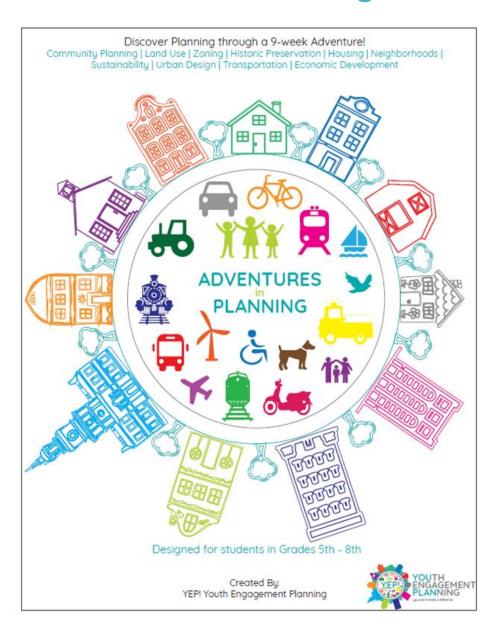


We Are All Connected

The Wind Farmer

Planning Vocab Puzzles

# **Adventures in Planning**

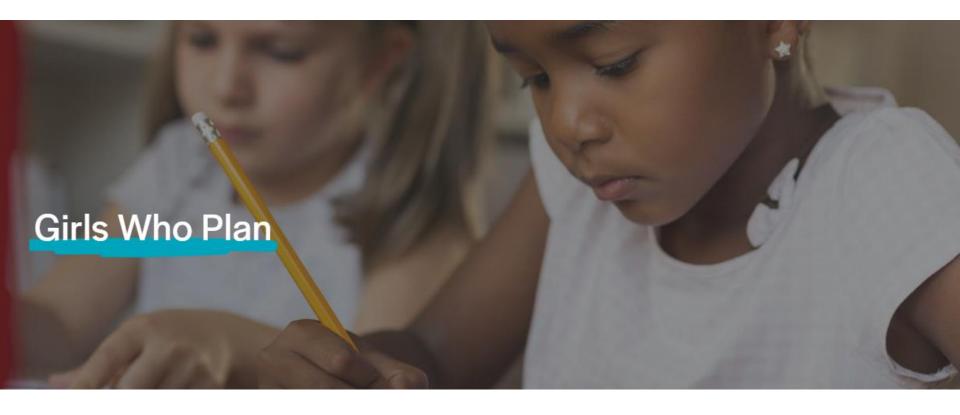


l.	Discover Planning (Planning 101)			
2.	Follow the Map (Land Use & Zoning)			
3.	Walking Back in Time (Historic Preservation)			
4.	The Neighborhood Pride (Housing & Neighborhoods)			
5.	The Wind Farmer (Sustainability & Environmental Planning & Energy)			
6.	The World Around Me (Urban Design & Tactical Urbanism)			
7.	Every Trip Has a Story (Transportation)			
3.	The Business of the City (Economic Development)			
9.	The Future is the Biggest Adventure (Comprehensive Planning)			
Glossary				
Master Supply List				
Appendix				

## **Adventures Map**

Each week that you complete for Adventures in Planning, color in the icon!





"2019 APA Division Achievement Award for Education Excellence." Award received in partnership with APA Women & Planning Division in recognition for "Women & Planning: The Next Generation," featuring the "Girls Who Plan" Program.

"When we finally unleash the power of women and girls, we'll create opportunities, unlike anything we've ever seen. When women and girls are equal, everyone is greater."

- Melinda Gates

# Girl Scouts of America: City Planning Patch



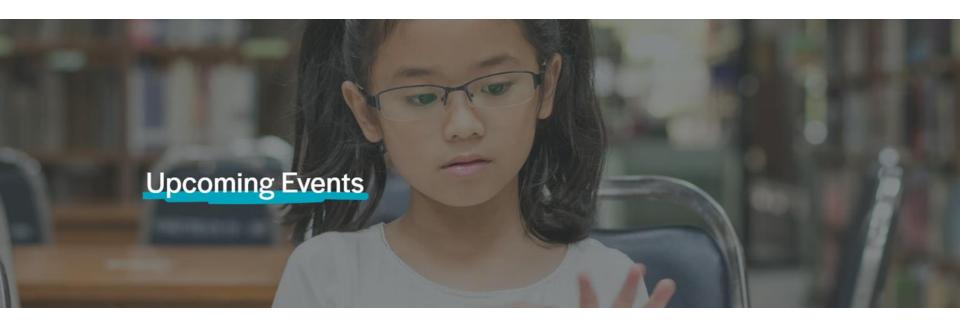






# **Build Your City with YEP!**

Join Community Development Director, Corrin Wendell, for a fun hands-on activity-filled week learning about City Planning! Explore how cities are built during **Build Your City** week, learning more about how cities are created. Students will come away with a deeper understanding of the components of their community and learn how to make a difference in the world around them!



# Who is your audience?

Youth Engagement Action Plan Workbook

Are you planning on engaging					
K-4th graders	5th-8th graders	9th-12th graders	Young Adults		
	+	+	+		
√ Really shine with tactile activities!	√ Really shine at problem-solving!	√ Really shine at exploring	√ Empower them with keywords &		
√ Break up any necessary exposition into very short	✓ Provide lots of structure and clear explanations of rules &	complexity!  √ Plan for lots of conversation time.	background knowledge, then give them an equal seat at the		

# What kind of engagement do you want to do?

# Teach.

chunks.

Guided reading of a story
Mapping a neighborhood
Playing a role-playing game
Building a city with found materials
Creating model windmills
Planning a safe route to your school
Analyzing the distance to essential
resources
Doing a word search

# Inform.

Did you know? sheets Informational videos Meeting the planning staff Presenting a master plan

# Consult.

parameters.

Visual preference survey Word clouds Six-word stories Drawing pictures as input

# Involve.

Focus groups Interviews Social media contests Inclusion in council meetings

# Collaborate.

Creation of a student position on preexisting boards Building relationships with local schools or parent groups Performing a SWOT analysis

table!

# Empower.

Enlisting a youth council Creating a youth council Planning out a project element, e.g. equipment in a park



# **Workshops for Planning Professionals**



that next generation is often absent from planning conversations. In order to plan for those who will be living out the plans we create, planning professionals of all disciplines must both involve youth in their everyday work and work to educate youth about planning.



















# City of Little Canada Park Master Plan

- 3 videos, English and Spanish
  - What is a Park?
  - Cool Parks
  - Project Wrap-Up
- 1 visual survey, English and Spanish
  - Park interests and Pioneer
     Park-specific feedback
- 1 art project
  - What is your dream Pioneer Park?





www.littlecanadamn.org/PioneerPark

Pioneer Park Master Plan Recommendations

- 1. Develop accessible playground for kids of all ages
- 2. Reduce sports fields OR re-emphasize to multi-use fields for sports like soccer
- 3. Incorporate summertime water activity
- 4. Reinforce or expand existing nature area and/or quiet space
- 5. Create spaces for relationship building
  - a. Community activities: little library, movie nights, walking/bike paths, seasonal activities

Bonus: **Students care that everyone is happy**: motorcycle parking, gazebo for adults, more seating, bathrooms, drinking fountains...

your favorite thing about Pioneer Park?









# Youth Engagement

Youth Engagement Partnership/Program Summary Planning and Development staff is partnering with Arizona State University to lead the Youth Engagement efforts to solicit input for the 2025 General Plan. The City and ASU are implementing a plan that will focus on nine (9) 5th through 8th grade classrooms, representing each of the eight City Council Districts plus a school selected by the Mayor. The workshops aim to gather input and a youth perspective on the vision for Phoenix. Students from ASU's "School of Geographical Sciences and Urban Planning Master of Urban and Environmental Planning Program" will present the ideas generated in the workshops at the City's October 2023 Summit, with many of the ideas to potentially be incorporated into the finalized General Plan.

# Jack L. Kuban Elementary School





School of Geographical Sciences and Urban Planning

Arizona State University

**Activity Details:** 

Number of Facilitators: 4-5

Ideal Age Range: 5th - 8th grade

ength of Time: 50 minutes

Supplies (Provided by ASU):

- Pencils or pens
  - renens or pens
- ▶ Rubber Bands



## **Activity Goals:**

- Students feel their inputs are included in planning priorities
- Students understand the importance of engagement within their communities
- Students gain a better understanding of Framework Policies of the City of Phoenix

## **Activity Objectives:**

- Gain insight from students on which Framework Policies the City of Phoenix should prioritize
- Understand student perspective on how to develop the city's Framework Policies
- · Teach students the value in participating in community engagement

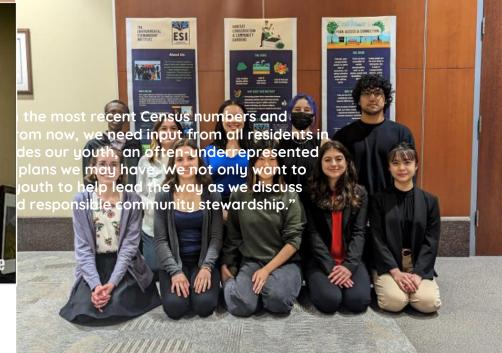
## **Preliminary Set-Up**

Review instructions for the game with the class as one group before small groups begin. Organize students into groups of 4 - 8 students per table. Place one deck of the city building card game at the center of each group. Provide each student with a pen or pencil to be used at the end of







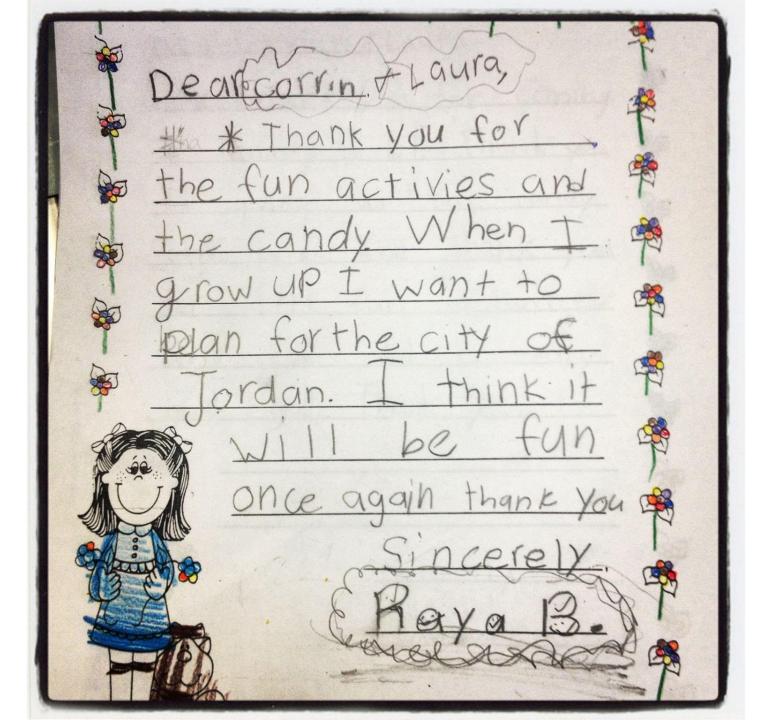


YOUNG LEADERS SHARE THEIR VISIONS FOR THE REGION

# Top 10 Ways to Engage Youth in Your Community



- 1. Host a Planning Day in School for your local school
- 2. Celebrate National Community Planning Month
  - a. Proclamation
  - b. City Planning Library Display
  - c. Scavenger Hunt
  - d. Photo Contest
- 3. Appoint a Planning Commission Youth Member
- 4. Include youth in your Stakeholder Groups/Workshops
- Include youth engagement as part of your budget for Community Engagement
- 6. Include youth in your Planning Processes (Master Plans, Comprehensive Plans, etc)
- 7. Start a Youth Council
- 8. Host youth at your City Hall or begin a Citizen's Academy for youth
- 9. Partner with other existing youth organizations
- 10. Invite youth the participate in your Community Surveys



# Ava Tanner the City Planner Children's Book











YEP! Youth Engagement Planning's <u>Best Practices</u> publication addresses all of these questions <u>and</u> ends with several sample activities. **Note that the activities included in this document are different from the activities found on** 

our Sample Curriculum page!









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# Thank You!

